# The Spa at Wintergreen

# RELAXATION & RELIEF - ULTIMATE CBD MASSAGE 50 minutes \$149

A treatment designed for mind, body and spirit. This massage focuses on specific areas of tight painful muscles and joints, using various massage strokes and premium CBD products by LEEF Organics to relieve tension reduce inflammation and promote balance in the body.

featuring

## CBD CHILL MASSAGE 50 minutes \$149

This is a full body recovery massage designed to soothe sore muscles and provide immediate relief with long lasting benefits. Treatment includes targeted massage techniques, stretching, heated towels and premium CBD topicals by LEEF Organics to help increase blood flow, reduce soreness and promote recovery.

# SWEET DREAMS WELLNESS RITUAL 50 minutes \$169

A wellness experience designed to reduce tension, boost circulation, and improve sleep quality. Topicals formulated with CBD and CBN, which are known for providing pain relief and having sedative properties, are applied with specialized massage techniques to maximize relief and relaxation. Guest receives Sweet Dreams Wellness Kit containing a NIGHTCAP CBN + CBD Gummy and CBD + CBN Balm to continue this ritual at home.

## RESTORATIVE CBD + CITRUS BODY VICHY 50 minutes \$179 | 25 minutes wrap no scrub \$89

Achieve a radiant glow with an invigorating citrus exfoliation treatment followed by an application of a deeply nourishing CBD-powered botanical body oil for deep relief and restoration. This ultra-hydrating, anti-oxidant packed treatment will fight free radicals, enhance cell renewal and soften skin from head-to-toe.

# RESTORATIVE CBD + CITRUS PEDICURE 50 minutes \$84 | 75 minutes \$119

A classic pedicure with a rejuvenating twist. This luxurious treatment begins with an aromatic CBD + Citrus foot soak to thoroughly cleanse skin and kickstart relaxation. Your lower legs and feet will then be indulged with an exfoliating CBD • Citrus sugar scrub designed to rejuvenate dull' skin, even out skin tone and hydrate skin to a new level of well-being, Finally, a powerful CBD salve, CBD • Citrus massage oil and hot towels are used during a soothing massage to stimulate blood circulation, reduce inflammation, and provide newfound energy.

# **RESTORATIVE CBD + CITRUS MANICURE 50 minutes \$99**

A classic manicure with a rejuvenating twist. Premium CBD topicals are used during the hand and arm massage to reduce pain and swelling while providing deep hydration. *Ideal for clients with arthritis.* 

## GUA SHA FACIAL 50 minutes \$159 | 75 minutes \$239

Feel the relief of tension in facial muscles while boosting circulation, evening out skin tone is power packed with botanical ingredients to further promote circulation during facial massage while saturating and promoting Lymphatic drainage. Our CBD face oil is power packed with botanical ingredients to further promote circulation during facial massage while saturating the skin with CBD's anti-inflammatory properties to depuff and balance skin. You will Leave the treatment room feeling revived, refreshed, and radiating from the inside out.



# SERVICE ENHANCEMENTS

# 15 minutes <sup>\$</sup>49

THEF

### SOOTHE SORE MUSCLES

Product: RECOVER CBD Sport. Benefits: Provides instant cooling effect to soothe sore muscles, reduce inflammation, and promote recovery.

### **REDUCE NECK TENSION**

Product: REVIVE CBD Salve. Benefits: Reduces deep inflammation in order to loosen up stiff muscles, improve circulation, promote recovery in the body and calm the mind.

#### **RESTORATIVE HAND TREATMENT**

Product: REVIVE CBD Salve. Benefits: Reduces deep inflammation in order to reduce joint pain and stiffness. Also provides deep hydration.

### **REFRESHING FOOT SCRUB**

Product: THE EXFOLIANT. Product: SKIN BALANCE CBD Oil. Benefits: Removes deck skin, boosts circulation, softens skin and boosts energy.

#### RELAXING SCALP MASSAGE

Product: SKIN BALANCE CBD Oil. Benefits: Stimulates blood flow to reduce stress and headaches, reduce muscle tension, and promote balance in the body while nourishing scalp.

### FACIAL MASSAGE

Product: WILD CRAFTED CBD FACE Oil. Benefits: Stimulates blood flow and reduces muscle tension. Soothes skin irritation, boost collagen production and leaves skin GLOWING!

### NOURISHING FOOT SOAK

Product: STEEP CBD BA TH TEA. Benefits: Transdermal effects to reduce deep inflammation, calm the mind, and nourish skin.

### EXPERIENCE THRIVAL

Product: TH RIVAL CBD Extract. Benefits: Kick start relaxation and relief, promotes balance in the body, reduces inflammation, and SO MUCH MORE!